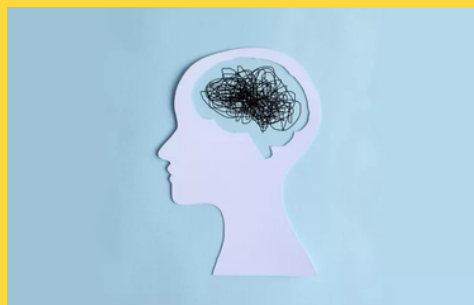


SECTION ON DEVELOPMENT AND AFFECTIVE NEUROSCIENCE

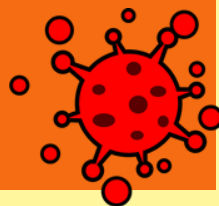
Emotion and Development Branch

FALL 2022



Rates of anxiety disorders are increasing. Luckily, research on how to better understand and treat anxiety disorders is also on the rise, [a recent Newsweek article](#) reports. In this article we hear from many experts in the field of anxiety, including our own Dr. Daniel Pine and collaborator Dr. Nathan Fox!

One of our recent studies identified early risk factors that predicted heightened anxiety in young adults during the COVID-19 pandemic. These findings could tell us more about when to implement prevention efforts and help predict who is at greatest risk of developing anxiety during stressful life events in early adulthood. Read more [here!](#)

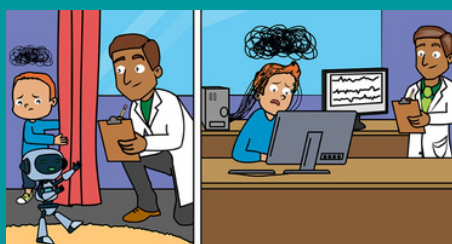


Thank you for your participation in our studies!



This [article](#), featuring Dr. Pine and published in The Atlantic, dives into the dangers of parental accommodation. Avoidance is very common in pediatric anxiety disorders, and while parents often want to protect their children from feelings of dread, taking measures to alleviate children's fears can exacerbate anxiety further. Read on for more details about a treatment for anxiety that works with both parents and children to reduce parental accommodation and symptoms of anxiety as well!

Check out our website!



SDAN researchers recently worked on an article in a journal made for and edited by kids! This paper discusses why some children becomes more anxious than others, and how the brain might play a role. Take a look at the article [here](#).

